

– University of Florida –
Running Medicine Conference
2017

February 2-3, 2017

Sandpearl Resort - Clearwater Beach, Florida

[Click to Register!](#)

Thursday, February 2, 2017

7:15 – 7:50 a.m.	Registration, Breakfast & Exhibits
7:50 – 8:00 a.m.	Welcome & Opening Remarks
8:00 – 8:45 a.m.	Foot Core: The Importance of Foot Intrinsic Muscle Strength for Runners <u>Kevin R. Vincent, MD, PhD, FACSM, CAQSM</u>
8:45 – 9:30 a.m.	Foot Intrinsic Muscle Strengthening <u>Scott Greenberg, DPT</u>
9:30 – 10:15 a.m.	Running is Medicine for the Brain <u>Heather. Vincent, PhD</u>
10:15 – 10:30 a.m.	Break & Exhibits
10:30 – 11:20 a.m.	Clinical Case PEARLS: They have seen you, but have you seen them? <u>Daniel Herman, MD, PhD</u>
11:20 – 12:00 p.m.	Female Athlete Triad vs Relative Energy Deficiency in Sport (REDS) <u>Christy Morgan, DPT</u>
Noon – 1:00 p.m.	Lunch & Exhibits
1:00 – 1:45 p.m.	Coaching Applications and Wearable Technology <u>Francois Modave, PhD</u>
1:45 – 2:30 p.m.	Special Considerations for the Pregnant and Post-Partum Runner <u>Carrie Jaworski, MD</u>
2:30 – 2:45 p.m.	Break & Exhibits
2:45 – 3:30 p.m.	Evaluation and Management of Knee Pain in Runners <u>Kevin Vincent, MD, PhD</u>
3:30 – 4:15 p.m.	Supplements; The Good, The Bad, and the Deadly <u>Carrie Jaworski, MD</u>
4:15 p.m.	Adjourn
6:00 p.m.	Cocktail and Hors D'oeuvre Reception on the Gulf Lawn

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Friday, February 3, 2017

7:15 – 7:50 a.m. Registration, Breakfast & Exhibits

7:50 – 8:00 a.m. Welcome & Opening Remarks

Blue Group

8:00 – 8:50 a.m. **Functional Screening: Assessing suitability for Running to Reduce Injury Risk**
Eric Schweitzer, DPT

9:00 – 9:50 a.m. **Video Gait Analysis: What to look for and how different cameras provide different data**
Heather. Vincent, PhD

9:50 – 10:10 a.m. Break & Exhibits

10:10 – 11:00 a.m. **Programming the Return to Run Plan**
Christy Morgan, DPT

11:10 – 12:00 p.m. **Gait Training Techniques: Is there an ideal.**
Scott Greenberg, DPT

12:05 – 12:20 p.m. Questions & Wrap-up

Orange Group

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Heather. Vincent, PhD

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