# Instructions for UF Orthopaedic MyChart TeleMedicine Visits

Request an Orthopaedic TeleMedicine Visit: (Not all visit types can be conducted via telemedicine)

- 1. Visit our <u>TeleMedicine Request Page</u> Or
- 2. Contact us at 352-273-7001

## Getting Ready for your TeleMedicine Visit:

- 1 Register for a MyUFHealth account (If you already have one skip to step 2)
  - a. If you HAVE an enrollment letter or activation code sign up here
  - b. If you DO NOT have an letter or code sign up <u>here</u>
  - c. Sign into your <u>MyUFHealth</u> Account
- 2 Download the MyChart mobile app
  - a. For Apple devices <u>download</u> from the Apple App Store
  - b. For Android Devices download from the Google Play Store
  - c. Sign into your MyChart account using you MyUFHealth credential from step 1
- 3 Install the Zoom Video Conferencing software \*
  - a. For Windows and Mac PCs <u>download</u> here
  - b. For Apple devices <u>download</u> from the Apple App Store
  - c. For Android devices <u>download</u> from the Google Play Store
  - d. TEST you zoom installation by Joining a Test Meeting
  - Please approve any system requests during the installation.
    After installing Zoom, you might be prompted to create a personal Zoom Account This is unnecessary for your telemedicine visit.
- 4 ALL three (3) steps above MUST be completed and tested before your first TeleMedicine visit.
  - a. If you need assistance or have any questions please contact (352) 265-8006

#### Start Your TeleMedicine Visit

Ten minutes before your appointment start time, please perform the following:

- 1. If you are connecting on a PC or Mac:
  - Sign into the MyUFHealth portal
  - Start your TeleMedicine Visit
    - Click on "Visits" then "Appointments and Visits"
    - Choose the appropriate visit with today's date
    - Click the button labeled "Begin Video Visit" to start your visit.
- 2. If you are connecting from a Mobile Phone or Tablet:
  - Sign into the MyChart mobile app on your smartphone or tablet.
  - Start your TeleMedicine Visit

- Click on "Appointments"
- Choose the appropriate visit with today's date
- Click the green button labelled "Begin Visit" to start your visit.
- 3. Zoom for Cloud Meetings will open, and your provider will join you at the scheduled appointment time.

#### **User Guides:**

Please ensure that your camera, microphone, and speakers are turned on within the Zoom app. If you need assistance with this, please refer to the instructions below for your device:

- Zoom Patient Instructions PC/Mac
- Zoom Patient Instructions iOS
- Zoom Patient Instructions Android

#### Need help? Please contact us:

- For assistance with logging in or to reset your My UF Health password, please contact our office at 352-273-7001.
- For assistance starting your telemedicine visit or other technical help, please call (352) 265-8006.

## Additional Information:

- Please do not drive or operate heavy machinery during your telemedicine visit, and avoid being in a moving vehicle during an encounter (even as a passenger).
- Find a quiet, private, well-lit area to sit when you talk to your doctor. Your privacy is important to us!
- For best video quality, use a wired or Wi-Fi connection.

## **Expected Benefits of TeleMedicine:**

- Improved access to healthcare professionals and convenience.
- More efficient medical evaluation and management.
- Obtaining expertise of a distant specialist.

## Possible Risks of TeleMedicine:

- As with any medical procedure, there are potential risks associated with the use of telemedicine. These risks include, but may not be limited to:
  - Delays in medical evaluation and treatment could occur due to deficiencies or failures of the equipment.
    - If this happens, you may be contacted by phone or other means of communication.
  - In rare cases, a lack of access to your complete medical records may result in adverse drug interactions or allergic reactions or other judgment errors.
  - In very rare instances, security protocols could fail, causing a breach of privacy of personal medical information.