Play informed sports and recreation through the COVID-19 pandemic webinar series

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Join the American Academy of Pediatrics (AAP), the American Medical Society for Sports Medicine (AMSSM) and the National Athletic Trainers' Association (NATA) as they present a webinar series entitled, "Play Informed Sports and Recreation through the Pandemic: Education Sessions for Parents, Guardians and Community Leaders".
The webinar consists of three (3) sessions, held August 11-13, 2020 from 8pm-9pm EST. To attend these FREE webinars, please be sure to register online for each session you wish to attend: https://www.nata.org/advocacy/youth-sports-safety/youth-sports-and-covid-19

**Session 1: Understanding the Risks and Benefits of Sports Participation During the Pandemic**
During this session, attendees will learn about the risks and benefits of playing sports during the pandemic, including the physical, mental and psychosocial effects in youth athletes. This session will help parents make an informed decision about sports participation and better understand the risk factors in sport and COVID-19.

- Tuesday, August 11, 2020
- 8:00pm - 9:00 PM EST

**Session 2: Safety Precautions for your and your team**
During this session, attendees will learn about safety precautions that families and youth athletes should take prior to participation and before, during and after a practice or game. Attendees will also
gain an understanding of what health and safety precautions that they should expect from their school or team, including use of face coverings and how to address concerns with school or team leaders.

- Wednesday, August 12, 2020
  - 8:00pm - 9:00 PM EST

**Session 3: Navigating Sports During COVID-19 For Elite Athletes**
Youth athletes who are approaching graduation and advancing to more elite levels of play, such as collegiate athletics, face unique circumstances during the pandemic. Panelists will discuss challenges and concerns related to schedule changes, detraining and the transition to college campuses.

- Thursday, August 13, 2020
  - 8:00pm - 9:00 PM EST

**Source**