

Paul C Dell, M.D.

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Paul C Dell, M.D.



Profile Information

Overview [Professor](#)

Orthopaedic Alumni Professorship

Phone number:

352-273-7001

Academic Office Phone Number:

352-273-7374

E-mail: dellpc@ortho.ufl.edu

Practice Locations:

[UF Orthopaedics and Sports Medicine Institute](#)

3450 Hull Road

Gainesville, FL 32607

[Maps | Directions](#)

[UF Orthopaedics & Sports Medicine - Sebastian](#)

13000 US Highway 1

Suite 5

Sebastian, FL 32958

[Maps | Directions](#)

Division: Hand and Upper Extremity

Background **Biography:**

PAUL C. DELL, M.D., earned his medical degree at the University of Florida in 1971 before going on to complete his residency in Orthopaedic Surgery at the University of Florida and his fellowships in hand surgery at Massachusetts General Hospital and microsurgery at the Duke Medical Center.

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He returned to UF in 1979 to work in the department of Orthopaedics and has held several positions over the years, including professor and chief of hand and microsurgery and Orthopaedic consultant for the Florida Division of Children's Medical Services.

Dell was elected to membership in the American Orthopaedic Association and the International Society of Reconstructive Microsurgery. He is also a member of several other professional organizations, including the American Academy of Orthopaedic Surgeons and the American Medical Association. He is one of the founding members of the American Society of Reconstructive Microsurgery.

Education:

Undergraduate Education: Eckerd College (Florida Presbyterian College), B.S. 1962 - 1966

Medical School:

University of Florida Medical School,

M.D. 1967 - 1971

Internship: University of North Carolina, Surgery Internship 1971 - 1972

Residency: University of Florida, Orthopaedic Surgery 1972 - 1976

Fellowships: Massachusetts General Hospital, Hand Fellowship January 1976 - July 1976

Duke University Medical Center, Microsurgical Fellowship

July 1978 - January 1979

Research & Publications

Publications: Chapters

1. Dell, P.C., Spanier, S., and Vander Griend, R, Chapter in "Tumors of the Upper Extremity". "Fibrous Tumors and Tumorlike Lesions of the Upper Extremity." Ed. Bogermill, George, 1990.
2. Gorman, P. and Dell, P.C., Chapter in "Operative Nerve Repair". "Instrumentation in Neuromicrosurgery." Ed. Gelberman, Richard, 1990.
3. Chidgey, L. and Dell, P.C., "Total Joint Replacement". "Total Wrist Replacement". Chapter accepted for publication by W. B. Saunders, 1990.
4. Chidgey, L. and Dell, P.C., "Total Joint Replacement." "Arthroplasty of the Hand", Chapter accepted for publication by W. B. Saunders, 1990.
5. Bittar, E.S. and Dell, P.C. "Arthroscopic Management of Intra-articular Fractures of the Wrist." Springer-Verlag, 1991.
6. Bittar, E.S. and Dell, P.C. "Arthroscopic Management of Triangular Fibrocartilage Tears." Springer-Verlag, 1991.
7. Dell, P.C. and Bittar, E.S. "Arthroscopic Management of Carpal Instability." Springer-Verlag, Editor Zarins, B., 1991.
8. Dell, P.C., "Disorders of the Distal Radioulnar Joint", Sports Medicine Clinics of North America, W.B. Saunders Co., Philadelphia, 1992.
9. Bittar, E.S. and Dell, P.C., Chapter in "Current Techniques in Arthroscopy". Arthroscopy in the Diagnosis and Management of Wrist Joint Disorders." Ed. Parisien, J.S., Current Medicine, Philadelphia, 1994.
10. Dell, P.C. and Stern, Peter "Evaluation, Staging, and Principles of Tumor Surgery" Surgery of the

Hand and Upper Extremity, Volumes I and II, Pages 2221-2263, McGraw-Hill 1995.

11. Dell, P.C. and Stern, Peter "Benign and Malignant Neoplasms of the Upper Extremity" Surgery of the Hand and Upper Extremity, Volumes I and II, Pages 2221-2263, McGraw-Hill 1995.
12. Dell, P.C. Malignant tumors of the upper extremity. Update Hand Surgery 1998.
13. Dell, P.C. Surgical Management Hand Tumors. Surgery for Bone and Soft Tissue Tumors. Lippincott, 1998.

Monograph

Dell, P.C.; and Burchardt, H. "Roentgenographic, Biomechanical Evaluations of Vascular Segmental Cortical Dog Bone Grafts." Bone Circulation, 1984.

Refereed Publications

1. Dell, P.C.; Brushart, T.M.; and Smith, R.J., "Treatment of Trapeziometacarpal Arthritis: Results of Resection Arthroplasty." J. Hand Surgery, 3:243-249, 1979.
2. Dell, P.C., "Compression of the Ulnar Nerve at the Wrist Secondary to a Rheumatoid Synovial Cyst." J. Hand Surgery, 4:468-473, 1979.
3. Dell, P.C.; Seaber, A.V.; and Urbaniak, J.R., "The Effect of Acidosis Upon Perfusion and Muscle Vasculature After Replantation." J. Hand Surgery, 5:433-442, 1980.
4. Dell, P.C. and Seaber, A.V., "The Effect of Hypovolemia on Perfusion After Replantation." Surgical Forum, 31:503-504, 1980.
5. Dell, P.C.; and Sheppard, J.E., "Treatment of the Great Toe in Apert's Syndrome." Clin. Orthop. Rel. Res., 157:113-118, 1981.
6. Dell, P.C.; and Sheppard, J.E., "Thrombocytopenia, Absent Radius Syndrome." Clin. Orthop. Rel. Res., 162:129-134, 1982.
7. Sheppard, J.E. and Dell, P.C., "The Effects of Preoperative Arteriography in Vascular Endothelium and Replant Survival." J. Hand Surgery, 8:145-153, 1983.
8. Dell, P.C.; and McConnell, B., "Localization of an Osteoid Osteoma with Computed Tomograph." J. Hand Surgery, 9A:139-141, 1984.
9. Dell, P.C.; and Sheppard, J.E., "Treatment of Infected Forearm Non-Unions with Vascularized Bone Grafts." J. Hand Surgery, 9A, No. 5, September, 1984.
10. Dell, P.C.; Vander Griend, R.; Glowczewskie, F.; Leslie, Bruce, and Ruby, L., "Intraosseous Blood Supply of the Capitate and Its Correlation with Aseptic Necrosis." J. Hand Surgery, 9A:677-683, 1984.
11. Dell, P.C.; and Burchardt, H., "A Roentgenographic, Biomechanical, and Histological Evaluation of Vascularized and Non-vascularized Segmental Fibular Canine Autografts." J. Bone and Joint Surgery, January, 1985.
12. Dell, P.C.; and Howard, F., "Treatment of Late Lunate and Perilunate Dislocations." Clin. Orthop. Rel. Res., 202:112-117, 1986.
13. Dell, P.C.; Hendricks, M.; and Moore, M., "Angiolymphoid Hyperplasia with Eosinophilia." J. Hand Surgery, 10A, No. 2, pp. 286-288, March, 1985.
14. Dell, P.C., "Macroductyly." Hand Clinics, 1:3, 511, 1985.
15. Hermansdorfer, J; and Dell, P.C., "Traumatic Ganglion of the Elbow." Orthopaedics, 9:1005, 1986.
16. Goldstrohm, G.; and Dell, P.C., "Advances in Microsurgery." Advances in Orthopaedics, 10:2, 1986.
17. MacMillan, M.; Sheppard, J.E.; and Dell, P.C., "A New Flexor Tendon Repair in Zone II Which Allows Immediate Post-operative Mobilization." J. Hand Surgery, 12A:582, 1987.
18. Dell, P.C.; and Muniz, R.B., "Interposition Arthroplasty of the Trapeziometacarpal Joint for Osteoarthritis." Clin. Orthop. Rel. Res., 220:27, 1987.
19. Schmidt, R.; Springfield, D.; and Dell, P.C., "Extended Forearm Flap." J. Reconstructive Microsurgery, 3:189, 1987.
20. Buckley, P.; Smith, P.; and Dell, P.C., "Microsurgical Reconstruction of the Thumb." Journal of Microsurgery, 8:140, 1987.

21. Dolan, J.; Chase, J.; and Dell, P.C., "Reverse Galeazzi Fracture." *Surgical Rounds for Orthopaedics*, Vol. 1, 12:45, 1987.
22. Chase, J.; Flowers, F.P., and Dell, P.C., "Pyoderma Gangrenosum of the Finger: Case Report." *Surgical Rounds for Orthopaedics*, Vol. 1, 11:53, 1987.
23. Dell, P.C., "Disorders of the Distal Radioulnar Joint." *Hand Clinics*, 3:563, 1987.
24. Bush, C.; Gillespy, T.; and Dell, P.C. "High Resolution of Computed Tomography of the Wrist: Initial Experience." *American Roentgen Ray Society*, 149:757-760, 1987.
25. Smith, P.; Wright, T.; Wallace, P.; and Dell, P.C., "Excision of the Hook of the Hamate." *Journal of Hand Surgery*, 13A:612, 1988.
26. Ayres, J.; Miller, G.; Goldstrohm, G.; and Dell, P.C., "Fusion of the Proximal Interphalangeal Joint with the Herbert Screw." *Journal of Hand Surgery*, 13A:600, 1988.
27. Dell, P.C., "Trapezial Fascial Arthroplasty." *Annales de Chirurgie de la Main*.
28. Gillespy, T.; Stork, J.J.; Dell, P.C., "Dorsal Fracture of the Hamate: Distinctive Radiographic Appearance." *American Journal of Radiology*, 151:351-353, 1988.
29. Moore, M.M., Dell, P.C., "Vascularized Bone Grafts - A Review." *Clin. Orthop. and Rel. Research*, No. 243, June, 1989.
30. Cooper, R., Dell, P.C., "Giant Cell Tumors of the Hand." *Surgical Rounds for Orthopaedics*, pgs. 28-32, April, 1990.
31. Duke, J., Tessler, R., and Dell, P.C. "Manipulation of the Stiff Elbow with Patient Under Anesthesia." *J. Hand Surg*, Vol. 16, No. 1, pgs. 19-24, January, 1991.
32. Wright, T., Dell, P.C., "Avascular Necrosis and Vascular Anatomy of the Metacarpals." *Journal of Hand Surgery*, 16A:540-544, 1991.
33. Chidgey, L.K., Dell, P.C., Bittar, E.S., Spanier, S.S.: "Histologic Anatomy of the Triangular Fibrocartilage " *Journal of Hand Surgery* 16:1084-1100, 1991.
34. Dell, P.C., "Traumatic Disorders of the Distal Radioulnar Joint." *Sports Medicine Clinics*, 11:141-159, 1992.
35. Dell, P.C., and McAuliffe, J.A. "Complications of Intercarpal Arthrodesis" *Journal of Hand Surgery*, 18A:1121, 1993.
36. Dell, P.C., O'Connell, S.J., Moore, M.M., Strickland, J.W., Frazier, G.T.: "Results of Zone I and Zone II Flexor Tendon Repairs in Children" *Journal of Hand Surgery*, 19A:48, 1994.
37. Wright, T.W., Miller, G., Dell, P.C., Vander Griend, R., Wheeler, D: "Reconstruction of the Humerus with an Intramedullary Fibular Graft: A Clinical and Biomechanical Study. *J. Bone and Joint Surgery*, 75:B 804-807, 1993.
38. Dell, P.C., Guzewicz, R., "Atypical Peripheral Neuropathies", *Hand Clinics of North America*, 8:275, 1992.
39. Dell, P.C., Ruby, L., "The Pronator Quadratus Interposition Transfer: An Adjunct to Resection Arthroplasty of the Distal Radioulnar Joint", *Journal of Hand Surgery*, 21A:60-65, 1996.
40. Renfree, Kevin J., Dell, P.C., Dell, Ruth B., "Surgical Correction of Extensor Tendon Subluxation and Ulnar Drift in the Rheumatoid Hand", *Techniques in Hand And Upper Extremity Surgery* 4(1):14-21, 2000.
41. Bittar, E.S., Dell, P.C., "Arthroscopic Management of Tears of the Triangular Fibrocartilage of the Wrist: A Ten Year Retrospective Study", *Les Annales d'Arthroscopie*, 1999.
42. Renfree, K.J., Dell, P.C., "Functional Outcome Following Salvage of Failed Trapeziometacarpal Joint Arthroplasty", *JHSB*, 2000.
43. Dell, P.C., Renfree, K.J., Dell, R.B. Surgical Correction of Extensor Tendon Subluxation and Ulnar Drift in the Rheumatoid Hand: Long Term Results. *J Hand Surg. Br.* 26B:6:560-564.
44. Evans, R.B., Dell, P.C., Fiolkowksi, P. "A Clinical Report of the Effect of Mechanical Stress on Functional Results after Fasciectomy for Dupuytren's Contracture". *Journal of Hand Therapy*, October-December 2002:331-339.
45. Dell, P.C. and Sforzo, C. "Intrinsic Anatomy and Dysfunction". *Journal of Hand Therapy*, Volume 18, Issue 2, April - June 2005, Pages 198-207.
46. Renfree, K., Dell, P.C., Kozin, S., Wright, T. "Total Elbow Arthroplasty With Massive Composite Allografts. *Journal Shoulder and Elbow Surgery*, Vol. 13, Number 3, 313-321, May/June, 2004.

Non-Refereed Publications

1. Dell, P.C.; Raynor, A.C.; Bingham, H.G.; and Caffee, H.H. Alligator Bites and Related Infections. J. Florida Medical Association, 70:107-110, 1983.

Abstracts

1. Dell, P.C.; Seaber, A.V.; and Urbaniak, J.R. Sympathetic Nerve Control of Perfusion After Revascularization of Incomplete Amputations. Orthopaedic Research Society, 1980.
2. Dell, P.C.; Seaber, A.V.; and Urbaniak, J.R. Systemic Factors Affecting Distal Perfusion After Reconstructive Microsurgery. Orthopaedic Transactions, 5:308, 1981.
3. Dell, P.C.; and Burchardt, H. Mechanical Strength of Vascular Cortical Grafts. Transactions Orthopaedic Research Society, 7:140, 1982.
4. Dell, P.C.; and Burchardt, H. Mechanical and Roentgenographic Evaluation of Vascular Segmental Cortical Autografts. Clinical Rheumatology, 1:327-328, 1982.
5. Dell, P.C.; and Sheppard, J.E. Vascularized Bone Grafts in the Treatment of Infected Forearm Non-Unions. Orthopaedic Transactions. 7:3, 1983.

Miscellaneous/Paper Discussor

1. Vascularized Bone Transfer for Limb Salvage and Reconstruction Following Resection of Aggressive Bone Lesions. American Society for Reconstructive Microsurgery, New Orleans, Louisiana, February 13-15, 1986.
2. Free Vascularized Fibular Transfer for Limb Salvage in Primary Bone Sarcoma. American Society for Reconstructive Microsurgery, New Orleans, Louisiana, February 13-15, 1986.
3. Pathophysiology and Treatment of Inadvertent Intra-arterial Drug Injection Injuries. American Society for Surgery of the Hand, New Orleans, Louisiana, February 13-15, 1986.
4. Wrist Arthroscopy for Cartilaginous Defects. American Society for Surgery of the Hand, San Antonio, Texas, September, 1987.
5. Recombinant Human Tissue Plasminogen Activator in the Microvascular Circulation. American Society for Surgery of the Hand, Baltimore, Maryland, September, 1988.
6. Free Vascularized Fibular Grafts. American Society for Reconstructive Microsurgery, Seattle, Washington, September, 1989.
7. Tension Band Arthrodesis of Small Joints of the Hand. American Society for Surgery of the Hand, Toronto, Ontario Canada, September, 1990.
8. Selective Bilateral Wrist Arthrography. American Society for Surgery of the Hand, Phoenix, Arizona, November, 1992
9. Does Perforation of Triangular Fibrous Cartilage Cause Chronic Wrist Pain? American Academy of Orthopaedic Surgeons, February 16-21, 1995, Orlando, FL
10. Kinematics of the Scaphoid Shift American Academy of Orthopaedic Surgeons, February 16-21, 1995, Orlando, FL
11. Tensile Strengths of Flexor Tendon Repairs in a Dynamic Cadaver Model American Academy of Orthopaedic Surgeons, February 16-21, 1995, Orlando, FL
12. Double Grasping and Cross Stitch: Evaluation of Strength in Flexor Tendon Repair Academy of Orthopaedic Surgeons, February 16-21, 1995, Orlando, FL
13. Trapeziometacarpal Arthrodesis in Primary Osteoarthritis: A Minimum 2 Year Follow-up Study American Society for Surgery of the Hand, October 5-7, 2000 Seattle, WA
14. Non-operative Treatment of Thumb CMC Arthritis, American Society for Surgery of
15. the Hand, October 5-7, 2000, Seattle, WA
16. A Clinical Study of the Effect of Mechanical Stress on Flare Rate and Scar Following Fasciectomy for Dupuytren's Contracture, American Society for Surgery of the Hand, October 5-7, 2000, Seattle, WA
17. Common Bony and Soft Tissue Injuries and Disorders of the Hand, ASSH Electives in Hand

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