The University of Florida Adolescent & High School Sports Medicine Outreach Program

Our Mission

The Vision of the Orthopaedic and Sports Medicine Institute and the UF Department of Orthopaedic Surgery and Sports Medicine is to be a center for excellence for patient care, education and research related to injuries and conditions that affect the ability of individuals to successfully participate in sports, performing arts, and/or an active lifestyle. The Adolescent and High School Sports Medicine outreach program is one component of realizing that vision.

Why choose UF?

- We proudly feature sports physician coverage at all Alachua County High Schools and some High Schools outside of Alachua County with certified athletic trainers.
- Over 30 years of combined clinical experience
- Our team remains on the forefront of recent treatments, measures and training concepts.
- Concussion Management by certified Concussion Trained Sports Medicine Physicians for 11-18 year old athletes

Webinar Replay - July 15, 2020:
2020 Heat, Heart and Head Sports Injury Prevention Virtual Symposium

Webinar Replay - May 26, 2020:
Arm Care for the Throwing Athlete: Return to Play Guidance During the Pandemic Webinar

Presentations:  
OSMI Outreach: Stopping overhead throwing injuries before they happen!

Prevention of Throwing Injuries

Ask a Gator Doc: Concussions

Concussions Part 1
Concussions Part 2

Handouts:  
6th Annual Heat, Heart and Head Sports Medicine Symposium

2018 Heat, Heart, Head Symposium Flyer

Outreach General Education Handouts