Dr. Jason Zaremski talks about helping athletes prevent injuries in their arm and shoulders with WCJB-TV20 Medical Spotlight

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WCJB TV20 [4]'s Haley Wade sits down with Dr. Jason Zaremski [5] to discuss the cautionary steps athletes should take to help prevent injuries in their throwing shoulder [6] in a recent Medical Spotlight.

This video news article was featured on the WCJB-TV20 [4] website:

• Medical Spotlight: Helping athletes prevent injuries in their arm and shoulders [6]
Dr. Jason Zaremski talks about helping athletes prevent injuries in their arm and shoulders with WCJB-TV20 Medical Spotlight

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